

FOOD & NUTRITION (DIETETICS), BSAS  
 YSU Department of Human Ecology – Cushwa Hall 3044 – 330-941-3344  
 Program Coordinator: Mrs. Jeanine Mincher, Cushwa 3045, 330-941-3346, jlmincher@ysu

**General Education Requirements**

**BASIC SKILLS**

ENGL 1550	Writing 1	3	___
ENGL 1551	Writing 2 (P)	3	___
COMST 1545	Communication Foundations	3	___

**PERSONAL/SOCIAL RESPONSIBILITY (PS)**

FNUTR 1551	Normal Nutrition	3	___
PSYCH 1560	General Psychology	3	___

**ARTISTIC & LITERARY PERSPECTIVES (AL)**  
 (3 ELECTIVES)

_____		3	___
_____		3	___
_____		3	___

**SOCIETIES & INSTITUTIONS (SI)**

SOCIO 1500	Introduction to Sociology	3	___
ELECTIVE	_____	3	___

**NATURAL SCIENCE (NS)**

CHEM 1505/L	Allied Health Chemistry 1 (P)	3	___
BIOL 1551/L	Phys. & Anatomy of Humans 1	4	___
BIOL 1552/L	Phys & Anatomy of Humans 2 (P)	4	___
BIOL 1560	Microbiology/Health Prof	1	___
BIOL 1560/L	Microbiology/Health Prof. Lab	2	___

**SELECTED TOPICS (ST)**

Elective		3	___
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The following courses are required to meet ADA standards.

CSIS 1514	Computer Literacy	3	___
	-or-		
CSIS 1590	Survey of Computer Science & Info	3	___
ACCTG 2602	Financial Accounting (P)	3	___
COUNS 2650	Foundations of Helping Skills	3	___
CHEM 3706/L	Fundamentals Organic & Biochemistry	4	___
MGT 3725	Fundamentals of Management	3	___

**MATH**

MATH 2623	Survey of Mathematics	3	___
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**ELECTIVE INFORMATION:**

Credits for the following developmental courses do not count toward degree: ENGL 1539, 1540, MATH 1500, 1501  
 MINIMUM UPPER DIVISION HOURS (3700 or higher) = 48; Electives to total 124 hours. TOTAL HOURS FOR DEGREE **124**  
 Codes: \*Permit required, see advisor; (P) prerequisite, see catalog; CA capstone; W Writing Intensive (2 required);  
 T Critical Thinking Intensive (2 required); O Oral Intensive (1 required)

**Major Courses**

(Must have a C or better. Courses cannot be taken Credit/No Credit)

HMEC 1550	Human Ecology Professions	1	___
FNUTR 1551	Normal Nutrition	3	___
FNUTR 1551L	Normal Nutrition Lab (P)	1	___
FNUTR 1553	Food Science & Mgmt. Principles	3	___
*FNUTR1553L	Food Science & Mgmt. Principles Lab	1	___
FNUTR 2603	Medical Nutrition Therapy 1 (P)	3	___
FNUTR 2603L	Medical Nutrition Therapy 1 Lab (P)	1	___
FNUTR 2612	Food Systems (P)	3	___
*FNUTR 2612L	Food Systems Lab (P)	2	___
CHFAM 3731	Individual & Family Develop. (P) (W)	3	___
FNUTR 3759	Advanced Nutrition (P)	3	___
FNUTR 3760	Medical Nutrition Therapy 2 (P)	3	___
FNUTR 4802	Research Methods in Dietetics (P)	2	___
FNUTR 4810	Experimental Foods (P)	2	___
*FNUTR 4810L	Experimental Foods Lab (P) (T)	1	___
FNUTR 4858	Foodservice Systems Mgt. (P) (T)	4	___
FNUTR 4860	Medical Nutrition Therapy 3 (P)	3	___
FNUTR 4874	Community Nutrition (P)	2	___
HMEC 4890	Comm. Contemporary Issues (O) (P)	3	___
FNUTR 4895	DPD Capstone (CA)	3	___
FNUTR 5872	Maternal and Child Nutrition (P) (W)	3	___
FNUTR 5873	Nutrition and Aging (P)	2	___

## COURSE PLAN

### Food & Nutrition (Dietetics)

Year 1	
Fall	Spring
ENGL 1550 Writing 1 (3) HMEC 1550 Human Ecology Professions (1) FNUTR 1551 Normal Nutrition (3) FNUTR 1551/L Normal Nutrition Lab (1) BIOL 1551/L Anatomy & Physiology/Lab (4) FNUTR 1553 Food Science & Mgt. Principles (3) FNUTR 1553/L Food Science & Mgt. Principles Lab (1) <div style="text-align: right;">16</div>	ENGL 1551 Writing 2 (3) PSYCH 1560 General Psychology (3) BIOL 1552/L Anatomy & Physiology/Lab (4) FNUTR 2612 Food Systems (3) FNUTR 2612/L Food Systems Lab (2) <div style="text-align: right;">15</div>
Year 2	
Fall	Spring
CHEM 1505/L Allied Health Chem w/Lab (3) COUNS 2650 Foundations of Helping Skills (3) SOCIO 1500 Introduction to Sociology (3) BIOL 1560/L Microbiology/Lab (3) FNUTR 2603 Medical Nutrition Therapy 1 (3) FNUTR 2603/L Medical Nutrition Therapy 1 Lab (1) <div style="text-align: right;">16</div>	CSIS 1514 Business Computer Systems (3) COMM 1545 Communication Foundations (3) ACCT 2602 Financial Accounting (3) MATH 2623 Survey of Math (3) CHEM 3706/L Fundamentals of Organic & Biochemistry Lab (4) <div style="text-align: right;">16</div>
Year 3	
Fall	Spring
CHFAM 3731 Individual and Family Development (3) FNUTR 3759 Advanced Nutrition (3) FNUTR 3760 Medical Nutrition Therapy 2 (3) ARTISTIC & LITERARY PERSPECTIVE (3) ELECTIVE (3) <div style="text-align: right;">15</div>	MGT 3725 Fundamentals of Management (3) FNUTR 4810 Experimental Foods (2) FNUTR 4810/L Experimental Foods Lab (1) FNUTR 4860 Medical Nutrition Therapy 3 (3) ARTISTIC & LITERARY PERSPECTIVE (3) SELECTED TOPICS (3) <div style="text-align: right;">15</div>
Year 4	
Fall	Spring
FNUTR 4858 Foodservice System Management (4) FNUTR 4874 Community Nutrition (2) FNUTR 4802 Research Methods (2) ARTISTIC & LITERARY PERSPECTIVES (3) SOCIETIES & INSTITUTIONS (3) <div style="text-align: right;">14</div>	HMEC 4890 Communication of Contemporary Issues(3) FNUTR 4895 DPD Capstone (3) FNUTR 5872 Maternal & Child Nutrition (3) FNUTR 5873 Nutrition and Aging (2) ELECTIVE (6) <div style="text-align: right;">17</div>

Youngstown State University  
Didactic Program in Dietetics (DPD)

FACT SHEET

- The Youngstown State University (YSU) Didactic Program in Dietetics (DPD) is developmentally accredited by the Commission for Dietetics Education (CADE) of the American Dietetic Association (ADA). CADE is a specialized accrediting body recognized by the Council on Higher Education and the United States Department of Education. The address and telephone number of CADE are:

120 South Riverside Plaza, Suite 2000  
Chicago, Illinois 60606-6995

Telephone: (312) 899-0040

- When students have completed the YSU DPD they will have partially fulfilled requirements needed to establish eligibility to sit for the examination to become a Registered Dietitian (RD).
- Establishing eligibility to sit for the RD exam consists of two parts: *first, the didactic or classroom work that leads to the Bachelor of Applied Science (BS in AS) degree with a major in Food and Nutrition; and secondly, the supervised practice component where practical experience is gained in areas such as clinical nutrition; foodservice management; the community setting; and in business/entrepreneurial areas.*
- By completing the first requirement, students prepare themselves to apply for a post-graduate Dietetic Internship (DI) or to a Coordinated Program (CP) in Dietetics (such as the YSU CPD) that provides opportunities to gain the supervised practice experience needed to finalize eligibility to sit for the RD exam.
- The YSU DPD curriculum is structured to include course work that will provide students the opportunity to acquire foundation knowledge and skills upon which to build the supervised component. See the YSU DPD Curriculum sheet, course sequencing schedule, and CADE's Foundation Knowledge and Skills for Didactic Component of Entry-Level Dietitian Education Programs (attached).
- After completion of the BS in AS degree, students apply to a Dietetic Internship. (YSU also offers a Coordinated Program in Dietetics, the CPD, where upper division Food and Nutrition classes, as well as supervised practice courses are presented. Students may apply for admission and, if selected, enter the CPD after the first two years in the YSU DPD).
- To complete the DPD, students are required to follow the prescribed curriculum with a minimum GPA of 2.0.
- The mission of the YSU DPD is to educate students in non-supervised practice areas of dietetics and qualify them to apply to post-graduate internship programs, the University's CPD or to graduate school.
- By completing the four years of the DPD, graduates will: **meet the requirements for issuance of a verification statement for the DPD; be prepared to complete a Dietetic Internship (DI); apply to a DI, a graduate program, or the YSU CPD.**
- For more information contact the DPD Program Director in the Department of Human Ecology at 330-941-3344.



